



Carmarthenshire Catering Service has had a hectic few months since the start of the new school year in September; we thought we would take this opportunity to share with you some of our latest news as our mission is to provide our customers with healthy nutritious meals and to make our school lunches an enjoyable experience.

## Pupils at Old Road Primary, Llanelli enjoy Wheelie Smooth breakfasts!



Pupils enjoyed taking turns to pedal our bikes to make healthy smoothies for their breakfast. Breakfast is recognised as the most important meal of the day and evidence shows that a healthy breakfast is linked to better health, concentration and behaviour in our schools. Currently there are 99 primary schools across the County operating a free breakfast provision; we are proud to maintain one of the highest uptakes of breakfast facilities in Wales.

## Coming very soon our festive Christmas lunches

During the next few weeks, our school cooks and kitchen staff will prepare festive lunches to over 10,000 pupils; we will order in the region of 300kg of brussel sprouts equivalent to the weight of nearly 3 reindeer! To avoid disappointment, check with your school when our festive lunch will be served in your school!

**Merry Christmas!**



As 2015 draws to a close, we would like to take this opportunity to thank our customers for supporting the school meals service during the year!  
Carmarthenshire Catering Service

## Launch of Primary Winter Menu

Our new menu was officially launched in Llandybie Primary on Tuesday 2nd November. School meals make an important contribution to the diets of children and young people; we hope pupils will enjoy the range of meals and desserts on offer, all of which comply with School Meals legislation.



## National School Meals Week 2015

National School Meals Week (NSMW) is one week in the year when the school meals industry celebrates all that is GREAT about school food; this year was an action packed week for us!

Wednesday 4th November schools across the County celebrated National Roast Dinner Day.



Dylan the Dragon, our School Meals Mascot enjoyed visiting Ysgol Rhys Pritchard.

Thursday 5th November was celebrated with a bang when representatives from the Catering team attended a NSMW event in The Senedd in Cardiff; our staff helped to prepare a school lunch which was served to Welsh Assembly members in order to help raise the profile and importance of school meals across the country.



## Future promotions in early 2016:

- National Breakfast Week (24th to 30th January)
- Fair-trade Fortnight (29th February to 13th March)
- St David's Day Themed Lunch (Tuesday 1st March)